



Simply Salads: More than 100 Delicious Creative Recipes Made from Prepackaged Greens and a Few Easy-to-Find Ingredients

Jennifer Chandler

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From bag to table, healthy salads have never been easier.

You've always known that eating green could be healthy, and now it's easier than ever. With the abundance of supermarket selections of prepackaged greens, you can create a restaurant-style salad?along with a fabulous dressing?in your own kitchen.

Before bagged blends, a salad with four different types of lettuces was unheard of. Now there are more than fifty different combinations of lettuces, packaged in just the right size, from which to choose. Think beyond iceberg and romaine. The more than one hundred salads and dressings in *Simply Salads* are colorful, gourmet, and surprisingly simple to prepare. Whether you're looking for the perfect complement to a main dish or you want a salad that can stand as an entrée, you'll find the perfect salad, including such winners as:

- Asian Salad with Ginger Dressing and Wasabi Peas (page 4)
- Jalapeño Chicken Salad with Avocado Dressing (page 40)
- Crawfish Salad with Spicy Cajun Remoulade (page 106)
- Cheese Tortellini Salad with Sun-Dried Tomato Vinaigrette (page 172)
- Memphis Mustard Cole Slaw (page 223)

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From reader reviews:

Adrienne McGinnis:

Spent a free a chance to be fun activity to try and do! A lot of people spent their down time with their family, or all their friends. Usually they undertaking activity like watching television, going to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Could possibly be reading a book may be option to fill your free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to test look for book, may be the book untitled Simply Salads: More than 100 Delicious Creative Recipes Made from Prepackaged Greens and a Few Easy-to-Find Ingredients can be very good book to read. May be it might be best activity to you.

William Sebastian:

Playing with family in the park, coming to see the water world or hanging out with buddies is thing that usually you will have done when you have spare time, after that why you don't try issue that really opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Simply Salads: More than 100 Delicious Creative Recipes Made from Prepackaged Greens and a Few Easy-to-Find Ingredients, you may enjoy both. It is very good combination right, you still want to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't get it, oh come on its known as reading friends.

Eric Vegas:

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Ora Orozco:

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