



Dr. John Sarno's Top 10 Healing Discoveries

Mr Steven R. Ozanich

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John E. Sarno, MD, revolutionized healing with his insightful observations on health and healing. His 50 year career culminated in his conceptualization of the breakthrough discovery that he called TMS, The Mindbody Syndrome.

TMS was at the pinnacle of Dr. Sarno's life-work but it came about from the collection of many other paradigm shifting observations as described here in Dr. John Sarno's Top 10 Healing Discoveries.



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Megan Jordan:

Playing with family inside a park, coming to see the marine world or hanging out with close friends is thing that usually you may have done when you have spare time, after that why you don't try point that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Dr. John Sarno's Top 10 Healing Discoveries, you can enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its known as reading friends.

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