



Complementary Therapies for Pain Management: An Evidence-Based Approach, 1e

Edzard Ernst MD PhD FRCP FRCPED

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Pain is the single most common reason for patients to consult a CAM practitioner. This essential new book provides concise evidence-based information on complementary and alternative medicine (CAM) in relation to pain. Each section has a clear and accessible design to enable quick decision-making, and includes an analysis of the most up-to-date research available.

- Provides a single authoritative reference source on CAM for pain for healthcare professionals
- Takes a systematic and evidence-based approach
- Offers concise information on CAM diagnostic methods and treatments for pain
- Summarises clinical trial data on the effectiveness of CAM for specific areas of pain
- Alerts readers to areas where CAM may present risks
- Weighs the benefits and risks of each CAM treatment in relation to pain
- Includes CD-ROM for easy searching of the text

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