



**Chronic Kidney Disease (CKD) and Diet:  
Assessment, Management, and Treatment:  
Treating CKD Patients Who Are Not on Dialysis  
An Overview Guide for Dietitians**

*National Kidney Disease Education Program*

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This document, developed by the National Kidney Disease Education Program (NKDEP), is intended to help registered dietitians (RDs) provide effective medical nutrition therapy (MNT) to CKD patients who are not on dialysis. From The Table of Contents I. About CKD II. Assess Kidney Function and Damage III. Slow Progression IV. Prevent, Monitor, and Treat complications V. Patient Education Materials VI. References

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