



Everyday Classics: Essential Gluten-Free, Dairy-Free and Egg-Free Recipes

Alexa Croft

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EVERYDAY CLASSICS is a beautifully photographed cookbook for those living with food allergies, sensitivities and intolerances.

Author Alexa Croft has put a healthier spin on our most beloved pantry staples, breakfasts, dinners and desserts, creating a new set of family favorites that are completely **gluten-free, dairy-free, egg-free, soy-free** and 98% **corn-free**.

From sandwich bread and marshmallows to fluffy pancakes and cheesecake, these are essential recipes that kids of all ages have loved in the past and can enjoy again!

Croft is an award-winning recipe creator, editor and designer who began her culinary journey as she sought to restore her toddler's intestinal and neurological health with the **Gluten-Free/Casein-Free (GFCF) diet**.

This must-have book was assembled with experience and a passion to provide hope for families who may struggle with food allergies and sensitivities, have a loved one on the Autism spectrum, or are looking to optimize their health through diet.

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