

# From Neediness to Fulfillment: Beyond Relationships of Dependence

Miriam Subirana

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## From Neediness to Fulfillment: Beyond Relationships of **Dependence**

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Our relationships are unsatisfactory. They are conditioned by cultural, social and historical factors, which lead us to an inner emptiness. Through centuries of patriarchal leadership and feminine dependence we have arrived at the present situation...one of deep unsatisfaction. The neediness of so many women and the present day situation of lack of true encounter between men and women, has led the author to question, to observe and to suggest new solutions to our present challenges. We need to learn to relate to each other without hurting ourselves, to love each other without attaching one to another, to be accomplices respectful of our identities and freedom, to experience unity in diversity.



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