



Knife self-defense for combat (Special forces/Ranger-UDT/SEAL hand-to-hand combat/special weapons/special tactics series)

Michael D Echanis

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Echanis was a senior instructor for the UDT-21, SEAL-2, Hand-to-Hand Combat/Special Weapons School for instructors. Echanis shows more than 30 separate techniques for disarming and controlling a knife attacker. Fully illustrated.

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