



## Colostrum Miracle

*The Editors at the Doctors' Prescription for Healthy Living Magazine*

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# Colostrum Miracle

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**Colostrum Miracle** The Editors at the Doctors' Prescription for Healthy Living Magazine

Colostrum can be used by everyone for better health, increased energy and longevity. Colostrum is a potent whole food that has been called nature's first food because female mammals produce it just before they give birth in preparation for nursing their newborns. This allnatural nutrient supplies a powerful cocktail of immuneboosting ingredients, growth factors, vitamins, minerals, enzymes and amino acids. It contains all the hormones used by the body in appropriate proportions. Many clinical trials have demonstrated the rejuvenating effects of colostrum. As a result of its antiaging benefits, many pharmaceutical companies have synthesized the components of colostrum, such as interferon, protease inhibitors, gamma globulin, growth hormone (GH), and insulinlike growth factor (IGF1), which has been used in expensive antiaging clinics for 10 to 15 years. Colostrum has also proved remarkable in lowering insulin needs of diabetics, in balancing bloodsugar levels and in aiding weight loss. This powerful antiaging and immuneboosting food also helps:

Increase energy and stamina  
Reduce inflammatory pain  
Improve allergies  
build lean muscle  
seal the lining of the digestive tract  
Build and repair the body  
Aid the digestive process  
Enhance nutrient absorption  
Alleviate rheumatoid arthritis  
Improve autoimmune diseases such as lupus, MS and Crohn's Disease  
And that's not all: Colostrum also helps regulate the brain's feelgood chemicals (serotonin and dopamine) to enhance our moods.

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