

## I Blame Eve: Freedom from Perfectionism, Control Issues, and the Tendency to Listen to Talking Snakes

Susanna Foth Aughtmon

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When our great-to-the-nth-degree grandmother Eve ate the fruit, we lost out on the perfect life. But that doesn't stop us from trying, does it? In fact, we make trying to be perfect the focus of our entire lives! But what would happen if we stopped trying to be perfect and started trying to be his?

In this fantastically witty book, Susanna Foth Aughtmon helps women find out what it means to be honest about what we crave in life and let go of our deep need to be in control. Using Scripture and amusing personal stories, she shows women the freedom of embracing the unique path God lays out for each of us. Includes study questions to facilitate group or individual use.



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