



# Light Comes Through: Buddhist Teachings on Awakening to Our Natural Intelligence

*Dzigar Kongtrul*

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Buddhahood, says Dzigar Kongtrül, is nothing but an unobstructed experience of the nature of mind, boundlessly spacious and limitlessly compassionate. The trick is that in order to see the mind accurately, we must use the particular aspect of mind he calls natural intelligence. Natural intelligence enables us to discriminate between what helps or hinders us. But most of all, it's the part of us that searches for happiness and meaning. In *Light Comes Through*, he shows us how to skillfully use our wish for happiness as a tool in awakening to the joyous wisdom of mind.

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