



Beyond the Battleground: Classic Strategies from the Yijing and Baguazhang for Managing Crisis Situations

Tom Bisio

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Drawing on ideas from classical military strategy, the *Yijing* (Book of Changes), and Chinese martial arts theory, Tom Bisio presents a fascinating exploration of how insights from these sources can be deployed to manage crisis situations in all aspects of our daily lives. Suggesting approaches for cultivating a strategic mindset that can be applied to one's relationships, work, and personal self-fulfillment, *Beyond the Battleground* offers methods of adapting to circumstances, conserving one's own resources, and avoiding or dissolving conflict that will aid any reader navigating the uncertainties of the changing world, including the business person, military theorist, or martial artist. Deftly interweaving his background in East Asian philosophy and history and his career in traditional Chinese medicine with his lifelong interest in the martial arts and military science, Bisio also presents examples of successful strategies from history's great commanders such as Sunzi, Alexander the Great, Napoleon, and Mao Zedong.

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