



# Pocket Calorie Counter, 2016 Edition

*Peter Pauper Press*

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# Pocket Calorie Counter, 2016 Edition

*Peter Pauper Press*

**Pocket Calorie Counter, 2016 Edition** Peter Pauper Press

**2016 edition!** Count on it! Keep track of everything you eat and drink with this sleek little **Pocket Calorie Counter**. More than 8,000 entries!

- Provides calorie counts for most foods and beverages, as well as protein, carbs, fiber, sodium, fats, and other essentials.
- Includes menu items from popular restaurants, too!
- Compact enough to take with you when dining out.
- Elastic band attached to back cover keeps book closed or keeps your place.
- Removable front cover band/label.
- Book measures 4-1/2 inches wide by 5-7/8 inches high.
- 352 pages.

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