



Diabetes Para Dummies (Spanish Edition)

Alan L. Rubin

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"Diabetes Para Dummies" makes the bestselling, state-of-the-art "For Dummies" guide to the treatment and management of diabetes accessible to everyone who prefers to read Spanish. This easy to follow guide helps people of all ages live well with the disease and is a timely addition to the "Para Dummies" line, as more and more Hispanic and Latino families confront diabetes. From causes, symptoms, and side effects to treatments and diet, it helps people understand all types of diabetes, stay fit, and feel great. Alan L. Rubin, MD (San Francisco, CA) is an internationally recognized diabetes expert. He is a professional member of the Endocrine Society and American Diabetes Association.



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