



THERAPY

Kathryn Perez

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Sometimes you have to get lost in order to be found...

I'm needy.

I'm broken.

Cutting breaks through my numbness, but only opens more wounds.

Depression, self-harm, bullying....that's my reality.

Sex and guys....that's my escape.

The space between the truth and lies is blurred leaving me torn, lost and confused.

And while the monsters that live in my head try to beat me--the two men that I love try to save me.

THERAPY can be read as a standalone novel although the companion, Jessica's Journal is a great addition to the read.

WARNING: Due to possible triggering descriptions of self-harm and some sexual situations this book is not recommended for anyone under the age of 17 years old.

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